

EVERY  
MONDAY  
TO FRIDAY

# ABEL'S LIGHT LUNCH

12 NOON - 5 PM

## FIXED PRICE MENU

1 Main Course £8.95

2 Courses £12.95 / 3 Courses £14.95

### STARTERS

#### SOUP OF THE DAY (v)

Served with warm bread & butter

#### BUTTON MUSHROOMS

Cooked with chorizo pink peppercorn sauce

#### CHICKEN LIVER PÂTE

Toasted bread and chutney

#### PRAWN & MANGO SALAD

Dressed leaves, Marie Rose sauce and fresh chillies

### MAINS

#### SPICED PANKO COATED CHICKEN BREAST

Seasoned fries and slaw

#### SEAFOOD BASKET

Thick-cut chips, mushy peas and tartare sauce

#### HONEY GLAZED HAM AND TWO FRIED EGGS

Served with thick-cut chips

#### SPINACH & CHICKPEA CURRY (v)

White rice and flat bread

#### LAMB'S LIVER AND SMOKED BACON

With onion gravy

### MAKE ROOM

Try one of our refreshing  
**Wines** with your meal.



All perfectly paired with  
our dishes...

ask to see our Wine Menu

### DESSERTS

#### CRUMBLE OF THE DAY (v)

Served with thick custard

#### MINI CHOCOLATE BROWNIE (v)

With vanilla ice cream

#### DUO OF ICE CREAM (v)

#### GRILLED WAFFLE (v)

Salted caramel sauce and vanilla ice cream

Full allergen information is available on request. Please ask our team for details when ordering both food and drink. All weights noted are approximate and prior to cooking.

(v) vegetarian (vn) vegan / Gluten Free options are available on request