



NOT YOUR ORDINARY


# SUNDAY

MENU



Abel Heywood, 38 Turner Street, Northern Quarter, Manchester, M4 1DZ

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 [www.abelheywood.co.uk](http://www.abelheywood.co.uk)

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EVERY SUNDAY

# SUNDAY BEST

12 NOON - 8.30 PM

## Sunday is for sharing... OUR GREAT BRITISH ROAST PLATTER

Serves *TWO*  
*only*  
**34.95**

12 hour roast beef, crispy belly pork, roast chicken, turkey, stuffing, pigs in blankets, mash, roast potatoes, parsnips, carrot and swede, red cabbage, mixed greens, Yorkshire puddings and a bottomless jug of real gravy

## APPETISERS & SMALL PLATES

6 for £25.00, 3 for £15.00 or £5.50 each

### BAKED MIXED OLIVE & BASIL FOCACCIA (v)

Aged balsamic and oil

### LOADED FRIES

With onion, bacon and cheese

### FISH GOUJONS

With salt and vinegar seasoning and served with Manchester caviar

### PORK BELLY BITES

Glazed with maple syrup

### SPICY FRIED CHICKEN

Green chilli, coriander & mint sauce

### SALT AND PEPPER CALAMARI

Pickled salad and a soy & honey dip

### ROAST GARLIC HUMMUS (vv)

Home made tortilla chips and vegetable sticks

### HALLOUMI & CHORIZO FRIES

Smoked paprika mayonnaise

### NACHOS (v)

Topped with cheese sauce, tomato, red onion and coriander salsa with jalapeños

### SLOW BRAISED BEEF & SMOKED CHEESE FRITTERS

Garlic & chive mayonnaise

### BEETROOT FALAFEL (vv)

Roasted garlic hummus, pickled vegetables and sweet chilli mayonnaise

### MAC 'n' CHEESE (v)

### BAKED MEAT BALLS

Tomato sauce and dipping bread

## ABEL'S MINI TASTER PIES

All served with a jug of gravy and Manchester caviar. Choose from:

### SLOW BRAISED BEEF IN HYDES ALE PIE

### ROAST CHICKEN, LEEK, BACON & CHEDDAR PIE

### MRS KIRKHAM'S CHEESE & ONION PIE (v)

## MAINS

### HYDES BATTERED FISH & CHIPS

Salt & vinegar seasoning, Manchester caviar, thick-cut chips and tartar sauce

**13.50**

### THYME & GARLIC ROASTED HALF CHICKEN

Seasoned fries, garlic & chive mayonnaise and chicken gravy

**13.95**

### PAN FRIED SEA BASS FILLET AND KING PRAWNS

Spinach & pea risotto, brown lemon butter

**16.95**

### ROAST AUBERGINE & LENTIL CHILLI (vv)

Home made tortilla chips, tomato, red onion, coriander salsa and white rice

**11.95**

### TRIO OF SAUSAGE AND MASH

Smoked bacon & tomato, pork & leek and rustic pork sausages with sticky cabbage, roasted carrot and onion gravy

**10.95**

### GLAMORGAN SAUSAGE & MASH (v)

Sticky cabbage, roasted carrots and onion gravy

**9.95**

### STEAK FRITES 6oz RUMP STEAK

Pepper sauce and grilled tomato

**14.95**

### ROASTED BUTTERNUT SQUASH RISOTTO (v)

Spinach & Blacksticks Blue cheese glaze, crispy kale and sage

**11.95**

We pride ourselves on providing fresh seasonal food, some of our dishes may change as ingredients are subject to seasonality. All our fish is responsibly sourced.

## BURGERS

Our burgers are served on a brioche bun, topped with baby gem, sliced tomato, burger relish with gherkin and seasoned fries

### JESSIE'S BURGER

Two 4oz burgers, bacon, smoked cheese and onion rings

**14.50**

### N.Q. BURGER (v)

Fried halloumi, beetroot falafel, sliced avocado, fried egg and sweet chilli mayonnaise

**13.95**

### HUNTERS BUTTERMILK CHICKEN BURGER

With grilled bacon, smoked cheese, BBQ sauce, onion rings

**13.50**

### THE IMPOSTOR BURGER (vv)

Plant based meatless burger on a brioche style bun with vegan sweet chilli mayonnaise

**13.95**

## ABEL'S PIES

### MRS KIRKHAM'S CHEESE & ONION PIE (v)

Short crust pastry, cheese & onion sauce, thick-cut chips and Manchester caviar

**12.95**

### SLOW COOKED BEEF & HYDES PIE

Short crust pastry, thick-cut chips, mixed greens and a jug of thick gravy

**13.95**

### ROAST CHICKEN, LEEK, BACON & CHEDDAR PIE

Short crust pastry, thick-cut chips and mixed greens

**12.45**

### STEAK & KIDNEY PUDDING

Thick-cut chips, Manchester caviar and thick gravy

**14.95**

## SUNDAY ROASTS

All our Sunday Roasts are served with traditional vegetables, roast potatoes, home-made Yorkshire pudding and real gravy

### ABEL'S SUNDAY ROAST PLATTER FOR TWO

12 hour roast beef, crispy belly pork, roast chicken, turkey, stuffing, pigs in blankets, mash, roast potatoes, parsnips, carrot and swede, red cabbage, mixed greens, Yorkshire puddings and a bottomless jug of real gravy

**34.95**

### 12-HOUR ROAST BEEF

Served with creamed horseradish sauce

**13.75**

### ROAST TURKEY

Pork & herb stuffing

**12.95**

### HALF ROAST CHICKEN

Pork & herb stuffing

**13.75**

### CRISPY BELLY PORK

Served with stuffing

**12.95**

### ROASTED SQUASH, SWEET POTATO, WILD MUSHROOM AND SPINACH PARCEL (v)

**12.75**

### DUO OF MEATS

Ask for today's choice

**13.95**

## SIDES

CAULIFLOWER CHEESE (v) **3.95**

PIGS IN BLANKETS **3.95**

THICK-CUT CHIPS (vv) **2.95**

SEASONED FRIES (vv) **2.95**

SWEET POTATO FRIES (vv) **3.50**

BUTTERED MIXED GREENS (v) **2.95**

GARLIC BAGUETTE (v) **3.75**

With cheese (v) **4.45**

HOUSE SALAD &

PICKLED VEGETABLES (vv) **3.50**

Full allergen information is available on request. Please ask our team for details when ordering both food and drink. All weights noted are approximate and prior to cooking.

(v) vegetarian (vv) vegan / Gluten Free options are available on request