

12 NOON - 9 PM

SUNDAY  
TO THURSDAY

# NOT YOUR ORDINARY FOOD MENU

UNTIL 8.30 PM

FRIDAYS &  
SATURDAY

## APPETISERS & SMALL PLATES

6 for £25.00, 3 for £15.00 or £5.50 each

### BAKED MIXED OLIVE & BASIL FOCACCIA (v)

Aged balsamic and oil

### LOADED FRIES

With onion, bacon and cheese

### FISH GOUJONS

With salt and vinegar seasoning and served with Manchester caviar

### PORK BELLY BITES

Glazed with maple syrup

### SPICY FRIED CHICKEN

Green chilli, coriander & mint sauce

### SALT AND PEPPER CALAMARI

Pickled salad and a soy & honey dip

### ROAST GARLIC HUMMUS (vv)

Home made tortilla chips and vegetable sticks

### HALLOUMI & CHORIZO FRIES

Smoked paprika mayonnaise

### NACHOS (v)

Topped with cheese sauce, tomato, red onion and coriander salsa with jalapeños

### SLOW BRAISED BEEF & SMOKED CHEESE FRITTERS

Garlic & chive mayonnaise

### BEETROOT FALAFEL (vv)

Roasted garlic hummus, pickled vegetables and sweet chilli mayonnaise

### BAKED MEAT BALLS

Tomato sauce and dipping bread

### MAC 'n' CHEESE (v)

## ABEL'S MINI TASTER PIES

All served with a jug of gravy and Manchester caviar. Choose from:

### SLOW BRAISED BEEF IN HYDES ALE PIE

### ROAST CHICKEN, LEEK, BACON & CHEDDAR PIE

### MRS KIRKHAM'S CHEESE & ONION PIE (v)

## MAINS

### HYDES BATTERED FISH & CHIPS

Salt & vinegar seasoning, Manchester caviar, thick-cut chips and tartar sauce

13.50

### THYME & GARLIC ROASTED HALF CHICKEN

Seasoned fries, garlic & chive mayonnaise and chicken gravy

13.95

### PAN FRIED SEA BASS FILLET AND KING PRAWNS

Spinach & pea risotto, brown lemon butter

16.95

### ROAST AUBERGINE & LENTIL CHILLI (vv)

Home made tortilla chips, tomato, red onion, coriander salsa and white rice

11.95

### TRIO OF SAUSAGE AND MASH

Smoked bacon & tomato, pork & leek and rustic pork sausages with sticky cabbage, roasted carrot and onion gravy

10.95

### GLAMORGAN SAUSAGE & MASH (v)

Sticky cabbage, roasted carrots and onion gravy

9.95

### STEAK FRITES 6oz RUMP STEAK

Pepper sauce and grilled tomato

14.95

### ROASTED BUTTERNUT SQUASH RISOTTO (v)

Spinach & Blacksticks Blue cheese glaze, crispy kale and sage

11.95

## SIDES

### THICK-CUT CHIPS (vv) 2.95

### SEASONED FRIES (vv) 2.95

### SWEET POTATO FRIES (v) 3.50

### BUTTERED MIXED GREENS (v) 2.95

### GARLIC BAGUETTE (v) 3.75

With cheese (v) 4.45

### HOUSE SALAD &

### PICKLED VEGETABLES (vv) 3.50

### ONION RINGS (v) 2.95

## BURGERS

Our burgers are served on a brioche bun, topped with baby gem, sliced tomato, burger relish with gherkin and seasoned fries

### JESSIE'S BURGER

Two 4oz burgers, bacon, smoked cheese and onion rings

14.50

### N.Q. BURGER (v)

Fried halloumi, beetroot falafel, sliced avocado, fried egg and sweet chilli mayonnaise

13.95

### HUNTERS BUTTERMILK CHICKEN BURGER

With grilled bacon, smoked cheese, BBQ sauce, onion rings

13.50

### THE IMPOSTOR BURGER (vv)

Plant based meatless burger on a brioche style bun with vegan sweet chilli mayonnaise

13.95

## SANDWICHES

All sandwiches are served with herb salad leaves and pickled vegetables unless otherwise stated

### FISH BUTTY

Tartar sauce, gem lettuce, Manchester caviar and salt & vinegar seasoning

8.45

### ROAST BAGUETTE

Thick-cut chips and a jug of thick gravy

8.45

### GRILLED CHEESE & HAM

Dijon mustard

7.25

### RUMP STEAK BAGUETTE

Onion and Blacksticks Blue cheese

8.95

### SPICY CHICKEN WRAP

Sweet chilli mayonnaise and jalapeños

7.25

### BEETROOT FALAFEL WRAP (vv)

With roasted red pepper hummus and sweet chilli sauce

6.95

## ABEL'S PIES

### MRS KIRKHAM'S CHEESE & ONION PIE (v)

Short crust pastry, cheese & onion sauce, thick-cut chips and Manchester caviar

12.95

### SLOW COOKED BEEF & HYDES PIE

Short crust pastry, thick-cut chips, mixed greens and a jug of thick gravy

13.95

### ROAST CHICKEN, LEEK, BACON & CHEDDAR PIE

Short crust pastry, thick-cut chips and mixed greens

12.45

### STEAK & KIDNEY PUDDING

Thick-cut chips, Manchester caviar and thick gravy

14.95

We pride ourselves on providing fresh seasonal food, some of our dishes may change as ingredients are subject to seasonality. All our fish is responsibly sourced.

NQ **Abel** M4  
**Heywood**

Not your ordinary pub

Full allergen information is available on request. Please ask our team for details when ordering both food and drink. All weights noted are approximate and prior to cooking.

(v) vegetarian (vv) vegan / Gluten Free options are available on request

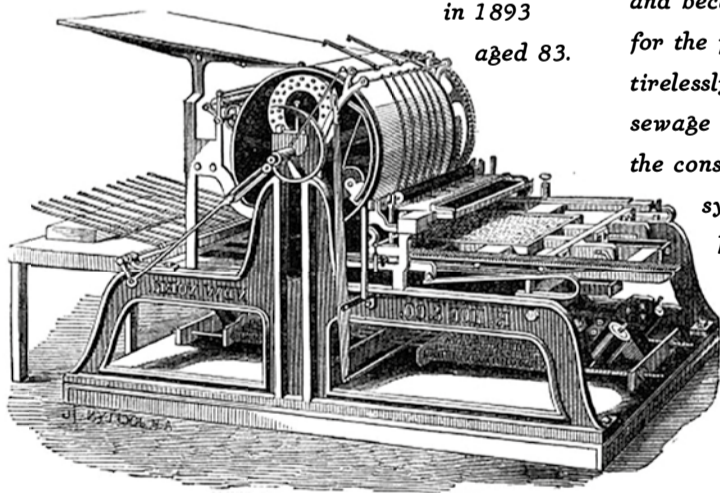


NOT YOUR ORDINARY

# FOOD MENU

Abel Heywood was born in Prestwich in 1810 to an impoverished family, his father died when Abel was only 5 year's old which resulted in Abel having a difficult childhood and receiving very little in the form of a formal education. At the age of 9 years old, he was employed by Thomas Worthington Warehouse in High Street, Manchester as an architects apprentice for the princely sum of 1s.6d (about 71/2 pence per week).

Despite his early back-ground, he would go on to become a very prominent figure in the local government of Manchester Council, becoming Mayor twice. He became only the third Freeman of the City and was one of the first from a humble back-ground. He also had a long and successful career as a newspaper distributor, publisher, printer and wallpaper manufacturer before dying in 1893 aged 83.



By the time he was 20, Heywood had opened a 'penny newsroom' and acquired the agency for the sale of the 'Poor Man's Guardian', a working man's newspaper which he sold for one penny. His editors refused to pay the stamp-duty which was then due on all newspapers, regarding it as a tax on knowledge which kept newspapers as the prerogative of the wealthy society. By 1832, Heywood had opened a shop in Oldham Street, Manchester selling his newspapers and was prosecuted several times for selling them illegally and served one, four month jail sentence for the offence. He came into conflict with the law again and again with accusations of selling material containing 'blasphemous' matter. He was involved in major radical causes of the time through his free press, including the crises around the cotton famine in 1860 and became a prominent fund-raiser for the people of Manchester, working tirelessly on the infrastructure of the sewage and paving systems and leading the construction of the tram and railway systems. The driving force behind his motivation was his early years spent in squalor which gave him an awareness of the needs of the City's poorest inhabitants.

His drive to make lives of the Manchester people and social reforms better continued throughout his life.

Due to his determination and reputation, he was appointed as Commissioner of Police in 1835 and later elected as a member of the New Manchester Corporation.

Meanwhile, he continued his newspaper sales and printing, opening his own paper mill in Stockport, publishing journals such as 'The Northern Star', 'Ben Brierley's Journal' and his own publication 'The Manchester Spectator'.



Abel Heywood -  
Not your ordinary gentleman.

NQ **Abel** M4  
**Heywood**

Not your ordinary pub



Abel Heywood, 38 Turner Street, Northern Quarter, Manchester, M4 1DZ

Tel: 0161 819 1441

[www.abelheywood.co.uk](http://www.abelheywood.co.uk)

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