



NOT YOUR ORDINARY

SUNDAY

MENU



Abel Heywood, 38 Turner Street, Northern Quarter, Manchester, M4 1DZ

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EVERY SUNDAY

ABEL'S SUNDAY BEST

12 NOON - 9 PM

Sunday is for sharing...
**OUR GREAT BRITISH
ROAST PLATTER**

Serves *TWO*
only
34.99

12 hour roast beef, crispy belly pork, roast chicken, turkey, stuffing, pigs in blankets, mash, roast potatoes, carrot and swede, parsnips, red cabbage, mixed greens, Yorkshire puddings and a bottomless jug of real gravy

APPETISERS

- RUSTIC BREAD (v)** 5.50
Pressed rapeseed oil and vinegar
- HALLOUMI FRIES (v)** 5.50
Harissa mayonnaise
- SALT & PEPPER CALAMARI (v)** 5.50
Pickled veg and a sweet chilli sauce
- BAKED CAMEMBERT (v) For Two People** 10.45
Studded with garlic & rosemary with a drizzle of truffle oil, served with warm crusty bread

STARTERS

- SOUP OF THE DAY (v)** 4.95
Warm bread & butter
- BUTTON MUSHROOMS & CHORIZO** 6.25
In a pink peppercorn sauce
- CHICKEN OR CAULIFLOWER WINGS (v)** 5.50
With a choice of sauce: sour-cream & chive or hot buffalo
- SMOKED HADDOCK RISOTTO** 7.95
With spring onion and peas, served with a soft poached egg
- SPICY BELL PEPPERS (v)** 5.50
With whipped goat's cheese and a balsamic dressing
- SPICY FRIED CHICKEN** 6.95
Coriander, chilli and spring onion batter on a dressed noodle salad with oriental dressing
- ROASTED RED PEPPER HUMMUS (vv)** 5.50
Home fried tortilla chips and vegetable crisps

SIDE ORDERS

- CAULIFLOWER CHEESE (v)** 3.65
- PIGS IN BLANKETS** 3.95
- CREAMY MASH POTATO (v)** 2.55
- MIXED GREEN VEGETABLES (v)** 3.45
- BRAISED RED CABBAGE (vv)** 2.50
With apple & redcurrant jelly
- MAC 'N' CHEESE (v)** 5.50
- LOADED FRIES** 5.50
Onion, smoked bacon and cheddar

SUNDAY ROASTS

All our Sunday Roasts are served with traditional vegetables, roast potatoes, home-made Yorkshire pudding and real gravy

- 12-HOUR ROAST BEEF** 13.55
Served with creamed horseradish sauce
- ROAST TURKEY** 12.95
Pork & herb stuffing
- HALF ROAST CHICKEN** 13.95
Pork & herb stuffing
- CRISPY BELLY PORK** 12.95
Served with stuffing
- ROASTED SQUASH, SWEET POTATO,
WILD MUSHROOM & SPINACH PARCEL (v)** 12.75
- DUO OF MEATS** 13.95
Ask for today's choice

CLASSICS

- PAN FRIED SEA BASS** 14.25
Pea, spinach and baby prawn risotto and shaved parmesan
- A TRIO OF PORK & LOWRY SAUSAGES** 10.95
Mash potato, braised cabbage, smoked bacon lardons and onion gravy
- GLAMORGAN SAUSAGE (v)** 10.95
Mash potato, stem broccoli and onion gravy
- CHICKEN, LEEK, SMOKED BACON
& CHEDDAR PIE** 12.95
Puff pastry, thick-cut chips, buttered fine beans and garden peas
- ABEL FISH AND CHIPS** 13.50
Manchester caviar and tartare sauce
Add chip shop sauce 1.95
- STEAK FRITES** 14.95
6oz flattened rump steak, pepper sauce, grilled tomato, flat mushroom and seasoned fries
- JESSIE'S BURGER** 14.50
Two 4oz burgers, bacon, smoked cheese, onion rings and burger relish
- CLASSIC CHICKEN & BACON CAESAR SALAD** 12.95
Cos lettuce, croutons, Italian hard cheese, anchovies, boiled egg and a Caesar dressing
- CAULIFLOWER, CHICKPEA & RED LENTIL
RUBY MURRAY (vv)** 11.95
White rice and grilled flat bread
- DUCK BREAST** 15.95
Squash purée, sautéed potatoes, beetroot, spinach and red wine sauce

MAKE ROOM
for one of our *Delicious* Desserts...
ask to see our menu.

Full allergen information is available on request. Please ask our team for details when ordering both food and drink. All weights noted are approximate and prior to cooking.
(v) vegetarian (vv) vegan / Gluten Free options are available on request