



NOT YOUR ORDINARY

LUNCH

MENU



Abel Heywood, 38 Turner Street, Northern Quarter, Manchester, M4 1DZ

Tel: 0161 819 1441

 www.abelheywood.co.uk

 [@AbelHeywoodNQ/](https://www.facebook.com/AbelHeywoodNQ/)  [@abelheywoodnq](https://twitter.com/abelheywoodnq)  [@abelheywoodnq/](https://www.instagram.com/abelheywoodnq/)



EVERY
MONDAY
TO FRIDAY

ABEL'S COSY LUNCH

12 NOON - 5 PM

FIXED PRICE MENU

1 Main Course £8.95

2 Courses £11.95 / 3 Courses £13.95

STARTERS

SEASONAL SOUP (v)

Warm bread and butter

BUTTON MUSHROOMS (v)

Garlic and tarragon cream sauce, Cheddar and chive crumb

CHICKEN LIVER PÂTÉ

Spiced cranberry and pear relish, toasted bread

SALMON AND HADDOCK FISH CAKE

Lemon & lime mayonnaise

BLACK PUDDING AND SMOKED BACON STACK

Leek and grain mustard sauce

MAINS

SEAFOOD BASKET

Quintin Bay scampi, fresh fish goujons, thick-cut chips, mushy peas, tartar sauce and lemon

CHICKEN AU POIVRE

Chicken breast, cracked black pepper sauce, parsley mash and mixed greens

HONEY GLAZED HAM

Two fried hens' eggs and thick-cut chips

SHEPHERD'S PIE

Topped with cheesy mash, served with braised red cabbage and bread & butter

BUTTERNUT GOBI DHANSAK (vv)

Served with white rice and Khobez bread

DESSERTS

GRILLED BELGIAN WAFFLE (v)

Salted caramel sauce and vanilla ice cream

WARM CHOCOLATE BROWNIE (v)

Chocolate chip ice cream

CRUMBLE OF THE DAY (v)

Vanilla custard

CHURROS SUNDAE (v)

Vanilla ice cream and chocolate sauce

MAKE ROOM

Try one of our refreshing
Wines with your meal.



All perfectly paired with
our dishes...
ask to see our Wine Menu

Full allergen information is available on request. Please ask our team for details when ordering both food and drink. All weights noted are approximate and prior to cooking.

(v) vegetarian (vv) vegan / Gluten Free options are available on request