

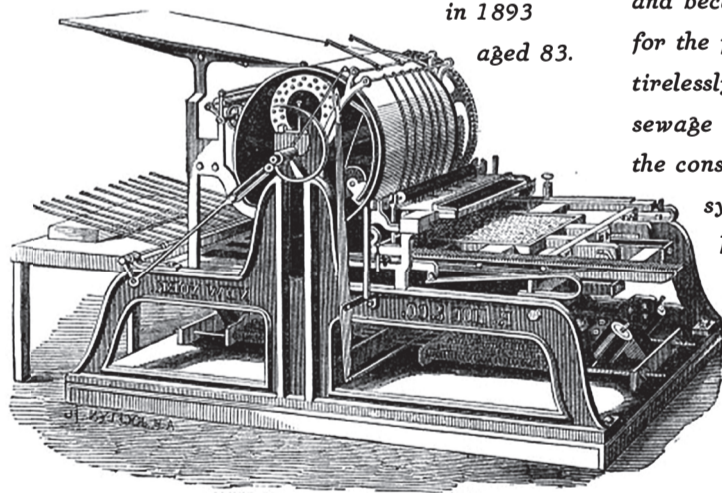


NOT YOUR ORDINARY

# FOOD MENU

Abel Heywood was born in Prestwich in 1810 to an impoverished family, his father died when Abel was only 5 year's old which resulted in Abel having a difficult childhood and receiving very little in the form of a formal education. At the age of 9 years old, he was employed by Thomas Worthington Warehouse in High Street, Manchester as an architects apprentice for the princely sum of 1s.6d (about 71/2 pence per week).

Despite his early back-ground, he would go on to become a very prominent figure in the local government of Manchester Council, becoming Mayor twice. He became only the third Freeman of the City and was one of the first from a humble back-ground. He also had a long and successful career as a newspaper distributor, publisher, printer and wallpaper manufacturer before dying in 1893 aged 83.



By the time he was 20, Heywood had opened a 'penny newsroom' and acquired the agency for the sale of the 'Poor Man's Guardian', a working man's newspaper which he sold for one penny. His editors refused to pay the stamp-duty which was then due on all newspapers, regarding it as a tax on knowledge which kept newspapers as the prerogative of the wealthy society. By 1832, Heywood had opened a shop in Oldham Street, Manchester selling his newspapers and was prosecuted several times for selling them illegally and served one, four month jail sentence for the offence. He came into conflict with the law again and again with accusations of selling material containing 'blasphemous' matter. He was involved in major radical causes of the time through his free press, including the crises around the cotton famine in 1860 and became a prominent fund-raiser for the people of Manchester, working tirelessly on the infrastructure of the sewage and paving systems and leading the construction of the tram and railway systems. The driving force behind his motivation was his early years spent in squalor which gave him an awareness of the needs of the City's poorest inhabitants.

His drive to make lives of the Manchester people and social reforms better continued throughout his life.

Due to his determination and reputation, he was appointed as Commissioner of Police in 1835 and later elected as a member of the New Manchester Corporation.

Meanwhile, he continued his newspaper sales and printing, opening his own paper mill in Stockport, publishing journals such as 'The Northern Star', 'Ben Brierley's Journal' and his own publication 'The Manchester Spectator'.



Abel Heywood -  
Not your ordinary gentleman.

NQ **Abel** M4  
**Heywood**  
Not your ordinary pub



Abel Heywood, 38 Turner Street, Northern Quarter, Manchester, M4 1DZ

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[www.abelheywood.co.uk](http://www.abelheywood.co.uk)

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12 NOON - 9 PM

SUNDAY  
TO THURSDAY

# NOT YOUR ORDINARY FOOD MENU

UNTIL 10 PM

FRIDAYS &  
SATURDAY

## APPETISERS & SMALL PLATES

5 for £25.00, 3 for £15.00 or £5.50 each

### RUSTIC BREAD

Pressed rapeseed oil and vinegar (v)

### SALT AND PEPPER CALAMARI

Asian vegetables and dipping sauce (v)

### MANCHESTER MADE SAUSAGE ROLL

### HALLOUMI FRIES

Honey and mustard dip (v)

### SMOKED HARISSA HUMMUS

Home fried tortilla chips and vegetable crisps (vv)

### HOT PORK PIE

Manchester caviar

### BAKED PORK BELLY BITES

Crushed chillies and honey

### MAC 'N' CHEESE (v)

### CHICKEN OR CAULIFLOWER WINGS (v)

With a choice of sauce:

sour-cream & chive or hot buffalo

## STARTERS

### SOUP OF THE DAY (v)

4.95

### GARLIC AND CHILLI KING PRAWNS

Served on toasted ciabatta

8.95

### CORNED BEEF HASH CAKE

With fried egg

6.25

### BAKED BUTTON MUSHROOMS

Garlic and tarragon cream sauce, cheese  
and chive crumb (v)

6.45

### SALMON AND HADDOCK FISH CAKE

Creamed leek and spinach, soft poached egg

6.95

### SPICY FRIED CHICKEN

Egg noodles, matchstick vegetables & Teriyaki sauce

7.95

## BURGERS

Our burgers are served on a brioche bun, topped  
with baby gem, sliced tomato, mustard relish with  
gherkin and seasoned fries

### JESSIE'S BURGER

Two 4oz burgers, million-dollar bacon,  
Cheddar and onion rings

13.95

### N.Q. BURGER

Spiced halloumi, roasted mushroom, red pepper,  
with a tomato & olive salsa (v)

11.95

### GRILLED CHICKEN BURGER

With a choice of BBQ or Peri-Peri rub  
served with onion rings

12.95

### THE IMPOSTOR BURGER

Beyond meat plant based meatless burger on a  
brioche style bun and vegan mayo (vv)

13.95

## MAINS

### ABEL'S BATTERED FISH AND CHIPS

Manchester caviar and tartar sauce

13.50

### STEAK FRITES

6oz flattened rump steak, pepper sauce grilled tomato,  
flat mushroom and seasoned fries

14.95

### DUO OF LAMB

Roasted rump of lamb, mini shepherd's pie with  
chantenay carrot, beetroot & garlic purée, spinach &  
red wine jus

17.95

### TRIO OF SAUSAGE or VEGETARIAN SAUSAGE (v)

Mash, Yorkshire pudding and onion gravy

10.95

### PORK BELLY CONFIT

Black pudding crumb, hasselback potatoes,  
stem broccoli and mustard gravy

13.95

### PAN FRIED SEA BASS

Pea, mint and spinach risotto

13.95

### JESSIE'S RUBY MURRAY (vv)

Butternut & cauliflower curry with white rice  
and grilled flat bread

12.95

### PAN FRIED CHICKEN SUPREME

Hasselback potatoes, stem broccoli & pepper sauce

13.95

## ABEL'S PIES

All our pies are served with thick-cut chips  
and vegetables

### SHEPHERD'S PIE

With creamy mashed potato

12.95

### CHICKEN, LEEK, BACON & CHEDDAR PIE

12.95

### FISH PIE

With mixed fish and king prawns,  
topped with cheesy mash

14.95

### LANCASHIRE CHEESE & ONION PIE (v)

With mushy peas

12.95

We pride ourselves on providing  
fresh seasonal food, some of our  
dishes may change as ingredients  
are subject to seasonality. All our  
fish is responsibly sourced.

## SANDWICHES

### FISH BUTTY

Tartar sauce, gem lettuce, Manchester caviar  
and dipping pot of gravy

7.45

### ROAST BAGUETTE

Thick-cut chips and a jug of gravy

8.50

### BARROW BOY'S MELT

Smoked bacon, Cheddar & Branston pickle rarebit melt

7.45

### OUMPH! WRAP

With spiced hummus and chilli sauce (vv)

6.95

### JESSIE'S CLUB SANDWICH

Chicken, bacon, baby gem and tomato

8.45

### BRIE, CHUTNEY AND ONION BAGUETTE (v)

7.95

Add bacon 1.50

### STEAK RAREBIT

8.45

Steak, onion chutney rarebit melt on toasted bloomer

## SIDES

### SEASONED FRIES (vv) 2.95

### SWEET POTATO FRIES (vv) 3.95

### ABEL'S LOADED FRIES 4.95

Onion, smoked bacon and cheddar

### SKINNY FRIES (vv) 2.95

### THICK-CUT CHIPS (vv) 2.95

### BUTTERED GREENS (v) 2.95

### CAULIFLOWER CHEESE (v) 3.45

### GLAZED BABY CARROTS (v) 3.50

Spinach and cumin seeds

### ONION RINGS (v) 2.95

### MUG OF SOUP 2.95

Full allergen information is available on request. Please ask our team for details when ordering both food and drink. All weights noted are approximate and prior to cooking.  
(v) vegetarian (vv) vegan / Gluten Free options are available on request